

Platz	Nr. 7GM.	Name	Verein	Ges.	AK	AK Pl.	Löwenburglauf	Drachenlauf	Marathon	Gesamt
1.	337	Paulus, Rudolf	LT Ennert Bonn	M	M35	1.	00:56:10	01:46:06	02:46:57	05:29:13
2.	704	Von Witsch, Felix	LLG St:Augustin	M	M30	1.	00:57:51	01:53:07	02:48:03	05:39:01
3.	239	Müller, Norbert	51375 Leverkusen	M	M40	1.	00:58:39	01:54:00	02:49:48	05:42:27
4.	703	Lennartz, Burkhard	LLG St:Augustin	M	M35	2.	00:58:22	01:53:50	02:58:22	05:50:34
5.	314	Prinsen, Ad		M	M40	2.	00:59:31	01:55:55	02:57:07	05:52:33
6.	523	Ehlers, Max	LAV Bad Godesberg	M	M35	3.	00:58:28	01:51:57	03:03:14	05:53:39
7.	651	Schneider, Frank		M	M35	4.	01:01:46	01:56:35	03:08:02	06:06:23
8.	620	Klug, Michael	LG Eifel-Runners	M	M40	3.	01:01:48	02:03:47	03:19:26	06:25:01
9.	306	Schyrrer, Stefan	LT SV Westum	M	M40	4.	01:03:26	02:06:44	03:16:32	06:26:42
10.	563	Wagner, Erwin	LT SV Westum	M	M45	1.	01:06:11	02:09:07	03:13:35	06:28:53
11.	674	Mirbach, Jürgen	LT Oberrad	M	M35	5.	01:00:31	02:00:51	03:30:30	06:31:52
12.	226	Eckhardt, Dietmar		M	M40	5.	01:07:18	02:10:07	03:18:21	06:35:46
13.	31	Maschmeier, Marie-Luise		W	WHK	1.	01:07:59	02:11:22	03:17:59	06:37:20
14.	645	Bergmann, Karl Heinz		M	M40	6.	01:05:34	02:15:07	03:16:57	06:37:38
15.	273	Keil, Achim	LT Siebengebirge	M	M45	2.	01:05:39	02:10:46	03:24:08	06:40:33
16.	518	Reiner, Detlev	Dauerrenner.de	M	M35	6.	01:06:05	02:11:26	03:24:49	06:42:20
17.	442	Otto, Christoph	LT Siebengebirge	M	M40	7.	01:07:01	02:11:09	03:33:48	06:51:58
18.	32	Seitz, Steffi	LG Einrich	W	W45	1.	01:09:59	02:15:18	03:27:11	06:52:28
19.	134	Baum, Friedhelm		M	M40	8.	01:07:48	02:16:48	03:31:16	06:55:52
20.	631	Körner, Bernd		M	M35	7.	01:10:53	02:14:51	03:34:20	07:00:04
21.	248	Klein, Albert		M	M50	1.	01:10:17	02:13:28	03:36:37	07:00:22
22.	64	Brusius, Volker	LT Siebengebirge	M	M30	2.	01:05:04	02:28:37	03:27:28	07:01:09
23.	219	Paffenholz, Claudio	LG Heimerzheim	M	MHK	1.	01:10:50	02:18:16	03:32:40	07:01:46
24.	401	Kemper, Andreas	DLC Aachen	M	M30	3.	01:14:07	02:21:57	03:28:08	07:04:12
25.	136	Wielage, Wilhelm	LSV Bonn	M	M40	9.	01:08:58	02:27:35	03:28:51	07:05:24
26.	570	Mauel, Thomas	LT Siebengebirge	M	M35	8.	01:03:48	02:12:06	03:50:38	07:06:32
27.	154	Göldner, Rene	PSV Bonn Triathlon	M	M30	4.	01:09:44	02:16:53	03:42:12	07:08:49
28.	567	Arentz, Oliver	www.dauerrenner.de	M	MHK	2.	01:05:41	02:31:20	03:39:40	07:16:41
29.	122	Röblitz, Uwe	LG Biebesheim-Crumstadt	M	M40	10.	01:09:41	02:23:11	03:44:07	07:16:59
30.	199	Roegele, Franz		M	M50	2.	01:08:21	02:20:35	03:48:09	07:17:05
31.	665	Ullmann, Herbert		M	M45	3.	01:10:32	02:23:27	03:43:18	07:17:17
32.	252	Nowak, Ulrich		M	M35	9.	01:11:29	02:26:50	03:40:33	07:18:52
33.	142	Keck, Siegmund	Thomasberger Laufziegen	M	M35	10.	01:10:47	02:19:18	03:53:50	07:23:55
34.	334	Jansen, Klaus	LLG 80 Nordpark Köln	M	M45	4.	01:10:23	02:25:35	03:48:15	07:24:13
35.	245	Pfeifer, Berndt	LLG 80 Nordpark Köln	M	M50	3.	01:13:15	02:29:05	03:41:57	07:24:17
36.	26	Jansen, Gertrud	LLG 80 Nordpark Köln	W	W40	1.	01:14:43	02:32:00	03:41:30	07:28:13
37.	119	Scheidtmann, Karl Heinz		M	M60	1.	01:15:43	02:26:31	03:46:00	07:28:14

Platz	Nr. 7GM.	Name	Verein	Ges.	AK	AK Pl.	Löwenburglauf	Drachenlauf	Marathon	Gesamt
38.	30	Wirtz, Kerstin	TV Königswinter	W	W40	2.	01:16:46	02:29:30	03:43:11	07:29:27
39.	281	Frost, Uwe	LT Wachtberger Drachen	M	M40	11.	01:10:07	02:32:16	03:47:50	07:30:13
40.	276	Delj, Housein		M	MHK	3.	01:12:03	02:22:52	03:55:20	07:30:15
41.	623	Rick, Joachim		M	M35	11.	01:13:00	02:17:29	03:59:51	07:30:20
42.	285	Jentsch, Lothar	LT Wachtberger Drachen	M	M45	5.	01:12:24	02:31:54	03:46:49	07:31:07
43.	325	Liebe-Beyer, Uwe	MCI Ittenbach	M	M40	12.	01:13:10	02:22:00	03:56:23	07:31:33
44.	225	Dunski, Michael	LT SV Westum	M	M45	6.	01:11:58	02:29:10	03:50:25	07:31:33
45.	751	Melzer, Hans-Jürgen		M	M40	13.	01:12:06	02:24:06	03:55:22	07:31:34
46.	346	Wirtz, Peter	LT Siebengebirge	M	M40	14.	01:14:30	02:26:53	03:50:22	07:31:45
47.	669	Bosch, Stefan	LEA	M	M35	12.	01:15:58	02:24:54	03:59:54	07:40:46
48.	173	Herzhoff, Peter		M	M45	7.	01:13:49	02:29:13	03:58:40	07:41:42
49.	542	Leykun, Günther	FV Bad Honnef	M	M35	13.	01:13:56	02:32:21	03:56:03	07:42:20
50.	424	Mattheus, Stefan		M	M35	14.	01:10:24	02:23:37	04:09:36	07:43:37
51.	166	Schulz, Harry	TUS Drevenack	M	M45	8.	01:13:40	02:35:15	03:55:14	07:44:09
52.	105	Bodes, Theo	BSG Sparkasse Bonn	M	M45	9.	01:17:11	02:47:06	03:39:58	07:44:15
53.	750	Seeger, Norbert		M	M40	15.	01:13:25	02:24:06	04:07:43	07:45:14
54.	213	Neidig, Herbert	DJK Gillrath	M	M50	4.	01:12:26	02:34:14	04:05:32	07:52:12
55.	797	Menzel, Wolfgang	LLG St:Augustin	M	M45	10.	01:16:59	02:30:49	04:06:52	07:54:40
56.	761	Franz, Rüdiger Gerald	LT Siebengebirge	M	M30	5.	01:14:27	02:34:21	04:08:42	07:57:30
57.	114	Peterzelka, Nils Dhara	Rennschnecken 2000	M	M30	6.	01:14:03	02:31:31	04:16:31	08:02:05
58.	462	Aißlinger, Christoph		M	M50	5.	01:22:11	02:34:24	04:09:24	08:05:59
59.	736	Schneider, Manfred	LT TUS Mondorf	M	M40	16.	01:10:26	02:42:16	04:14:26	08:07:08
60.	309	Gunesch, Hermann		M	M65	1.	01:19:09	02:41:12	04:07:16	08:07:37
61.	230	Frizen, Heinrich		M	M55	1.	01:21:59	02:42:08	04:03:31	08:07:38
62.	342	Cibis, Damian		M	M50	6.	01:18:43	02:39:48	04:09:29	08:08:00
63.	456	Reucher, Marc		M	M35	15.	01:18:23	02:39:47	04:13:24	08:11:34
64.	727	Schneider, Udo	LG Meindorf/ Birlinghoven	M	M35	16.	01:14:05	02:39:17	04:19:25	08:12:47
65.	174	Wehage, Kurt	LT TUS Köln rrh	M	M55	2.	01:20:12	02:45:32	04:07:50	08:13:34
66.	586	Dömlang, Robert		M	M35	17.	01:17:41	02:47:22	04:09:21	08:14:24
67.	549	Joseph, Peter		M	M45	11.	01:16:03	02:48:25	04:11:23	08:15:51
68.	779	Willcke, Holger	HSV Bockeroth	M	M45	12.	01:15:41	02:30:46	04:31:07	08:17:34
69.	177	Wittkamp, Marcel	LT Schwarzer Mann	M	M35	18.	01:17:06	02:42:32	04:19:21	08:18:59
70.	274	Schaumburg, Rolf	LG Krabachtal Süchtersch:	M	M45	13.	01:19:12	02:43:49	04:16:23	08:19:24
71.	59	Straimer, Anna	Alfterer SC	W	W55	1.	01:20:30	02:54:14	04:04:46	08:19:30
72.	463	Koop, Bernhard		M	M45	14.	01:21:10	02:53:11	04:05:54	08:20:15
73.	246	Winterscheid, Tobias	TUS Siebengebirge	M	MHK	4.	01:18:51	02:36:43	04:30:10	08:25:44
74.	167	Lorscheter, Thomas	Gebirgsjäger Beuel	M	M35	19.	01:18:02	02:49:32	04:18:57	08:26:31

Platz	Nr. 7GM.	Name	Verein	Ges.	AK	AK Pl.	Löwenburglauf	Drachenlauf	Marathon	Gesamt
75.	70	Boendgen, Lydia	LT Siebengebirge	W	W40	3.	01:27:58	02:45:26	04:17:09	08:30:33
76.	371	Axmacher, Jürgen	TV 08 Lohmar	M	M40	17.	01:18:00	02:46:35	04:26:22	08:30:57
77.	9	Hildebrand, Uta	Gebirgsjäger Beuel	W	W35	1.	01:23:40	02:49:30	04:18:53	08:32:03
78.	413	König, Werner	GSV Porz/Köln	M	M65	2.	01:24:34	02:48:43	04:26:43	08:40:00
79.	156	Rasten, Heinz	TV 08 Neunkirchen	M	M40	18.	01:15:22	02:53:13	04:33:45	08:42:20
80.	74	Eisch, Karin	LT Unkel-Scheuren	W	W40	4.	01:31:46	02:57:01	04:17:44	08:46:31
81.	441	Laack, Wolfgang	Bonn	M	M50	7.	01:28:21	02:52:04	04:26:28	08:46:53
82.	207	Poppe, Karl-Heinz	L & W Schöppe-Düster	M	M45	15.	01:40:07	02:51:10	04:16:09	08:47:26
83.	18	Jentsch, Hildegard	Wachtberger Drachen	W	W45	2.	01:32:44	02:54:44	04:26:17	08:53:45
84.	322	Soost, Günter G.	SV Windhagen	M	M50	8.	01:29:57	02:49:21	04:36:01	08:55:19
85.	218	Poppe, Klaus	L & W Schöppe-Düster	M	M40	19.	01:16:41	02:53:15	04:49:19	08:59:15
86.	135	Böttcher, Werner	SC Fortuna Bonn	M	M55	3.	01:23:04	03:01:35	04:43:17	09:07:56
87.	900	Hesse, Eduard	SV Bergisch Gladbach	M	M35	20.	01:19:11	03:05:44	04:43:11	09:08:06
88.	234	Wolf, Dietrich	LT Siebengebirge	M	M60	2.	01:28:12	03:03:39	04:43:27	09:15:18